

In person groups are back

Starting in July of 2021, we will be returning to in person groups at Wellness and Recovery. We have both in person groups and Zoom groups to support all of our patient needs and unique schedules.

Kedward Haines CADC1, will be the group facilitator for Thursday's 6:00 pm Process Groups. The group schedule is the 1st, 2nd, 3rd, and 4th Thursday of each month.

Marcus Patterson, CRM, CADC1, is the facilitator of the Zoom groups. The Zoom groups require a commitment of weekly participation. The schedules is as follows:

Monday at 9:00 am Process Group. Tuesday's at 5:00pm Anger management/ Mindfulness. Tuesday's at 7:00pm Early Recovery Skills/ Relapse Prevention. Wednesday at 5:00pm Women's Process Group. Wednesday at 6:00pm Men's Process Group. Wednesday at 8:00pm Women's Process Group. Thursday at 12:00pm Co-ed Process Group.

Marcus will be starting an in person Women's group in the month of August. If you are interested in participating in any of the scheduled groups. Please call the office and speak with Marcus Patterson for any additional information and group placement. We look forward to seeing you soon. Be safe.

Marcus Patterson CRM, CADC1